

FIRST WORD

October 2009

First Presbyterian Church

703 Church Street * Georgetown, Texas 78626

Phone: 512/863-3381 Fax: 512/868-1226 E-Mail: fpcgt@gte.net

Website: www.fpcgeorgetown.org

Table of Contents

Worship in October	1
Income and Expense	2
Christian Education	3
Sunday School	3
Logos	4
Noah's Ark	6
Youth Ministry	6
Fellowship	
Presbyterian Women	7
ACTs	8
Show 'N Share	8
Noon Book Review	8
Care Ministry	
Among our People	12
Points from Parish Nurse	13
Stephen Ministry	13
Mission	
Mission Sewing	9
The Caring Place	9
Back Pack Buddy Program	10
Crop Walk	11
Birthdays, Anniversaries, Flowers,	
Head Deacons	14
Calendar for October	15

WORSHIP IN OCTOBER

8:30 a.m. Sanctuary/ 11:00 a.m. Worship Center-Fellowship Hall

Dr. Michael Roberts, Preaching all month

October 4 World Communion Sunday
Sermon: "One Thing"
Scripture: Mark 10:17-31
Sanctuary Choir at 8:30/ Logos choirs and Chancel Choir sing at 11:00
Ministry focus messages begin

October 11 "Servant Leaders"
Mark 10:35-45
Sanctuary Choir at 8:30/ Chancel Choir and Jubilation Ringers at 11:00

October 18 CELEBRATION OF MINISTRY
8:30 and 11:00 services in Worship Center-Fellowship Hall
"Most Important of All"
Mark 12:28-34

October 25 "A Widow's Gift" Mark 12:38-44
Sanctuary Choir at 8:30/ Chancel Choir at 11:00

November 1 Daylight Savings Time Ends/ Clock fall back
All Saints' Day/ Dedication Sunday
Sacrament of the Lord's Supper
"For All the Saints"
John 11:32-44
Chamber Orchestra at 8:30/
Chancel Choir and Orchestra at 11:00

FALL NEW MEMBER SEMINAR ON SATURDAY OCTOBER 10TH

Three times a year our pastor, Dr. Michael Roberts teaches the New Member Seminar for those interested in knowing more about the Christian faith and for those interested in joining with us in membership and ministry. The class will consider Presbyterian beliefs, history, government, and our future as a church. It is a great opportunity to meet fellow newcomers and many of our church staff members. A tour of the entire church facility is included. The seminar will meet in the Conference Room from 9:00 a.m. to 3:00 p.m. and includes lunch. Those who wish to join the church will be received by the Session on that day. Please register with the church office by Wednesday October 7th.

Income and Expense Report Year to Date – August 2009 General Operating Fund

<u>Income</u>	<u>Actual</u>	<u>Budgeted</u>
Pledges	\$534,578	\$522,389
Other	56,535	67,407
TOTAL	\$591,113	\$ 589,796

<u>Expenses</u>	<u>Actual</u>	<u>Budgeted</u>
Validated Mission	\$ 39,122	\$37,704
Local/Other Mission	10,437	13,419
Ministry of the Word	99,516	100,420
Program/Support Staff	216,567	231,532
Christian Education	17,498	18,483
Music and Worship	4,418	5,900
Evangelism/Care	4,280	5,533
Property	53,873	59,667
Stewardship/Finance	24,229	17,633
Other	29,574	26,127
Debt Retirement	82,823	76,365
TOTAL	\$ 582,337	\$ 592,783

CHURCH LIBRARY

Jean Biggs

As the new year of Christian education begins, the church library can enrich your studies and your Christian life with available resources: Bible dictionaries and commentaries, books on prayer and spirituality, church history, Presbyterian churches and missions, comparative religions, etc. There is even a small section of fiction. And we have just received some beautifully illustrated books for young children. A number of these have been cataloged and are now on the shelves.

Ours is a self-service library. When borrowing a book, please sign and date the card that is inside the back cover, and place it in the blue ceramic container which you will find on a shelf on the south wall. Books being returned should be put on the same shelf. Please let the library workers card and shelve books you are returning. A misplaced book is a lost book, at least until we next "read shelf" (check the whole collection to see that books are in the correct order).

If you would like help locating materials, or using the card catalog, I am planning to be in the library on Sunday mornings between 10:30 am until just before the 11 o'clock service, and will be glad to answer questions.



MAKING CONNECTIONS TO GOD AND EACH OTHER

CHRISTIAN EDUCATION NEWS

Joy Bedford, Education Director

Office Hours: Tuesday – Friday 9-4

joy.bedford@yahoo.com

Wow! Thank you for coming to Sunday School and LOGOS and Youth Groups and to all the Adult opportunities as well. It is a blessing to be part of a community of believers who want to learn and grow in their relationships to each other and to God as we “relate faith to life, worship to work, and prayer to action” from Mapping Christian Education by Jack Seymour.

If you have any questions please do not hesitate to give me a call.

In Christ’s Love,
Joy

SUNDAY SCHOOL FOR CHILDREN AND YOUTH, 9:40-10:40 A.M.

Sunday School is offered for **all ages** every Sunday.

Join us for a time of learning about who we are as God’s people through the stories in the Bible.

SUNDAY ADULT CLASSES AT 9:40 A.M.

ADULT ELECTIVE (Beginning 9/27) “Freed-Up Financial Living” Bill Stanley

Beginning Sept 27th we will start a course entitled Freed-Up Financial Living. The goal of this course will be for the participants to become grounded in a biblical understanding of a proper relationship to money and to commit to and begin developing a biblically-based Spending Plan.

By the end of the course, the participants will have the first draft of a usable Spending Plan in their hand, the knowledge in their head to implement it, and a commitment in their heart to follow through on it. This course is committed to providing you with the principles, practical steps, and individual assistance to help make that happen.

In order for the course to be as valuable and productive as possible, it is very important to complete the pre-work prior to beginning the course. Completing the forms will take an investment of some time so it is advisable to begin as soon as you receive these materials. The information you are asked to collect is confidential and no one else will see it. Throughout the course, you will use your pre-work information to establish your personal Spending Plan.

We pray that this experience will be a valuable one for you and that you will grow in your understanding of biblical financial principles and your ability to put them into practice.

Please contact Joy Bedford at 863-3381 to enroll in Freed-Up Financial Living and to make arrangements to receive your pre-work materials.

SURVEYORS**“Joshua”****Mike FitzGerald****Room 207**

We come together each Sunday to investigate the Word of God, for historical knowledge and practical means of Christian living. Please join us. They will be studying Joshua through October 4th.

CORNERSTONE**“Luke” Doug & Judy Bond and Virginia Reid****Room 205**

This class will continue their study of Luke through October 11th using the Kerygma Bible Study Resources. Luke’s Gospel is uniquely inclusive, speaking to all people.

HOMEBUILDERS**“Seven Deadly Sins”****Karen McClure****Room 112**

The Homebuilders will kick off the fall with "Gilligan's Island & The Seven Deadly Sins." We'll look at clips from the classic TV program, scripture, and the study guide to examine lust, greed, envy, sloth, anger, gluttony, and pride. Homebuilders is a class for adults in the family-building stage of life. If you have any questions about this class, contact Karen McClure at mccclure.karen@gmail.com.

LOGOS for Children in Kinder - 6th Grade**Kathleen Wenzel, Director**

Our Mid-week miracle (aka Logos) is back in full swing and back on track for another awesome year! Logos is a program designed to bridge the gap between church and community, and between children and adults. This is accomplished by nurturing children and building relationships. The children attend a weekly Bible study as well as a worship skills class. They will help lead in worship a couple of times a semester starting on October 4th at the 11am service.

We had a great turnout for our “Under Construction” orientation/registration and have an amazing 53 Logos children and 10 Sonshine kids in this awesome program. Our first week of Logos was Welcome Back “Backwards Night”. The highlights of the evening were eating our meal backwards – which means dessert first! The after dinner game was a get to know you Logos favorite – human bingo! The following week had Mr. Potato Night and enjoyed a feast of baked potatoes with all the fixings! After dinner we turned the fellowship hall into a bowling alley and tried our hands at potato bowling – it was great! Our month bounced from one adventure to the next with “wild about God night” followed by our get fired up “tailgate party” and annual shoe kick competition. The month ended with everyone getting comfy at pajama night!

This year we are very fortunate to have awesome Bible study leaders including: Kensley Tounge, Robby Bedford, Liz Keith, Radona Wagner, Lois Stanley, Sue Rose, Amy Pratt, Bren Helmka, Tim Taylor, Catrina Sorensen, Karen McClure, and Joy Bedford. If you have a chance to thank one of these individuals for the awesome work they are doing with these children – please do!

I feel confident knowing that after reading about all the incredible relationships and connections being made at Logos, several of you will want to be apart of this incredible program. Logos is ministering to about 63 children on a weekly basis and is in **need of volunteer table parents**. The table parent’s main responsibilities involve creating good conversation at the table and making sure that each member of your “family” is engaged with the others at the table. Table parents are paired up with another adult and asked to share a meal while sharing themselves with these children. It is a great opportunity to get to know some of the awesome children in our church family. As a bonus you get a night off from cooking and cleaning the dishes. If this is an opportunity

you would like to be apart of please contact Kathleen @ 863-3381 or fpcgtlcc@verizon.net.

LOGOS Themes, attire, and after dinner games for the month:

Date	Time	Dinner Theme	Menu	Game	Attire
10/7/09	4:45-7:15	Survivor Night	Fish sticks	Laundry day	Survival gear
10/14/09	4:45-7:15	Crop Walk	Rice & Beans	Bring can food	Logos t-shirt/farmer
10/21/09	4:45-7:15	Horrible hair Night	Fried Chicken	Hair fashion show	Crazy/Wild hair-do
10/28/09	4:45-7:15	Pirate Night	Grilled Cheese	Pumpkin carving	Pirate

Other important dates:

10/4/09 Logos Choirs Sing 11:00 Worship Be in Room 111 at 10:30 AM
 10/25/09 Logos Fundraiser See below...



Logos is holding our annual fundraiser on October 25th. We will be selling boxed lunches immediately following the 11:00 a.m. service. You can get it to go or hang around and visit with others in the church family. Thank you in advance for supporting the Logos program, this is our only fundraiser.

Other Education Opportunities

Men’s Breakfast Bible Study

The breakfast group will meet every **3rd Friday morning**. The format of Bible study will be to study and reflect on the Scripture readings for the coming Sunday sermon. Time and place will be emailed to you. Please RSVP to David Lee Hulsey (863-3381) dhulsey63@gmail.com or Cliff Snyder (468-2877) c_rsnyder@yahoo.com. Can’t wait to see you there!

Men’s Spiritual Growth Group

This Bible Study meets every Wednesday at noon in Room 101. The men study scripture as they eat lunch together. They will be studying the book of Proverbs.

Women’s Midweek Bible Study

Beginning September 9 - "Mighty Acts of God" by Arnold B Rhodes – Please call Joy Bedford at 863-3381 if you would like to join us on this pilgrimage from the Garden of Eden to the new Jerusalem. We will meet on Wednesdays in Room 205 from 12-1. Don’t forget to bring a lunch.

NOAH'S ARK KIDS DAY OUT

Chrissy Creech
noahsarkfpc@gmail.com

Hooray! We are having a wonderful time on the ark this year. Lots of smiles, lots of new songs, lots of love.

I am sitting in my office looking at a giant stuffed animal dog that David Gipson donated to our school. David is part of our Ark Alumni and he is already making donations to his former stomping ground. I think that is very kind of him. Big Hugs to David for sharing your dog and your love!

This month will be celebrating Noah's Journey with our annual celebration! I am so excited to see all of the children dressed as animals as Noah tells us the story of his adventure. Never a dull moment on our boat!

YOUTH MINISTRY NEWS

David Lee Hulsey
dhulsey63@gmail.com

With September under our belts and October under way, the Youth Ministry is in full stride for the fall semester. September was a great month and we look forward to all the opportunities God has for our students to learn more about God's Word, deepen our faith, and serve the community.

We begin October with what has become an awesome tradition: a Senior High weekend trip to the Kennedy's Lake House at Lake Buchanan. Tim and Becky Kennedy have always been supportive of the youth program, and they have graciously opened their doors to give the youth a chance to take a break, relax, and enjoy some down time together.

The Kennedy's are one example out of many within our church who contribute to the success of this youth ministry by simply loving on our youth. We have been abundantly blessed by so many people who give their time, share their gifts, and offer their services in whatever ways they can, and this display of Godly love and care speaks wonders to our youth in how God's people are called to serve and love. I encourage you all to continue to support our youth just as this church has always done, by setting the example of Christ and living out God's call on the church. You may not know it now, but you are cultivating a great future for the future Church.

Upcoming Events in October:

Oct 3-4: Senior High Lake House Trip @ Kennedy's

Oct 18: CropWalk, Youth Fun Event to follow

Wednesday Bible Studies: Oct 7, 14, 21, 28

SNL's: Oct 11, 25

Fellowship

Presbyterian Women

Judy Bond 868-3487

Our Fall Gathering September 12th was well attended and enjoyed by all. We had a delicious brunch served by the Hannah Circle and the Elizabeth Circle, and the Sarah Circle provided beautiful fall decorations for our tables. Our women had a great time fellowshipping together after the long (and hot) summer. Cynthia Guidici gave us a wonderful preview of our upcoming study of the book of Joshua. Her lively and informative talk generated a lot of enthusiasm for the study of a rather difficult book of the Old Testament. Please contact your study leader (listed in your Presbyterian Women Handbook) if you have not yet received your *Horizens* study guide, Joshua: A Journey of Faith.

Listed below are the meeting times and places for our circles in October. If you are interested in joining a circle, call the contact number and let them know you would like to be included. Check out the Presbyterian Women bulletin board near the church office for information about our study in Joshua and our circle fellowships.

Our next Board Meeting is Monday, October 5th at 10:30am in Room 101. Cookies for our overseas service people are being provided by the Esther Circle in October. Eleven months out of the year, our circles send homemade cookies and phone cards to those serving in the armed forces overseas who are near and dear to the heart of this church. It provides them with a little taste of home.

Fall blessings to all!

October 2009 Circle Hostesses

CIRCLE	DATE	TIME	HOSTESS	PHONE	ADDRESS
Elizabeth		7:00pm	Call 930-3751		
Esther	10/7	1:30pm	Sharon French	868-1025	201 Roberts Road
Hannah	10/21	11:00am	Angie Harris	863-7133	First Presbyterian, Rm.111
Lydia	10/14	1:00pm	Call 863-6640		
Martha	10/21	9:30am	Judy Thomson	240-4969	538 Deer Meadow Circle
Miriam	10/28	9:30am	Becky Hesson-Smith	868-2048	First Presbyterian, Rm. 205
Naomi	10/14	9:30am	Wanda Wallace	864-0197	101 Waterlily Circle
Rachel	10/21	9:30am	Mary Jean Thorp	869-7236	115 Daisy Path
Rebekah	10/21	9:30am	Coila Sims	864-0154	139 Blacksmiths Drive
Ruth	10/12	10:00am	Thera Goldhammer	868-3824	209 Laverne Terrace

Sarah	10/19	10:00am	Call 868-0348		
-------	-------	---------	---------------	--	--

ACTS

Nadine Tanner

Thanks to everyone who turned out for the courthouse square tour and ice cream social. We visited with friends old and new and started our year off with a bang.

Friday, October 23 will be our next event, a **picnic** in the area with tables just outside the Education Building at 5:30 p.m. We will have Chet's Chili, frito chili pies, beef hot dogs with all the fixings, chips and ice cream sandwiches. At 7 p.m. we will carpool to the gorgeous new football stadium to watch **our Eagles play Leander**. Wear something bright blue if possible.

Food is \$5 and the football tickets \$7. Please put your checks in the ACTS mailbox by October 19 so we can purchase group tickets. Tickets may also be purchased at the door for \$8. You may choose to attend both the picnic and game or one but not the other. GO BLUE!!!

SHOW 'N SHARE

Cathy Hubbard

"SHOW 'N SHARE" STEPS UP TO THE PLATE. It is October, fans, and baseball is down to the wire with pennant races heading into the grand finale. . .THE WORLD SERIES. In honor of that, our very own George Shell will be pitching his baseball story to you on Sunday, Oct 11th. He was playing school ball at age 13. By 15, he added semi-pro ball as a left handed pitcher on a Nacogdoches team sponsored by Dr. Pepper, which rewarded the team with all the soda they could drink. In 1940, George was playing pro ball on a farm club team that was affiliated with The Cubs. Along came WWII, so George, then 19, just switched to a Navy uniform. Come to Fellowship time starting at 10:30 for a morning of baseball highlights as George **SHOWS** us clippings and memorabilia from his fields of glory. George went onto become an umpire. He taught at a spring training school in Orlando, Fla. in '56. That same spring he spent time in Tokyo, Japan helping spread America's pastime round the world. Being in our conference room will be almost like having seats behind the dugout you do not want to miss the play by play George has to **SHARE**. You can still cheer from the bleachers after either service. But, I've got to tell ya, folks, it's gonna be a Grand Slam **"SHOW 'N SHARE"** during Fellowship.

NOON BOOK REVIEW

Marion Shell

AT 11:50 AM, OCTOBER 15, 2009, EVERYONE IS INVITED TO MEET IN ROOM 101, TO JOIN IN THE INFORMAL FELLOWSHIP GROUP TO HEAR OUR OWN CHURCH MEMBER, SUE WARREN, REVIEW THE BOOK, "PETER'S WIFE". SUE IS THE AUTHOR OF THIS UNIQUE PORTRAYAL OF AN ALL-TIME FAVORITE CHARACTER OF THE NEW TESTAMENT. PACK YOUR BROWN BAG, CALL A FRIEND, AND JOIN US. COFFEE AND TEA ARE FURNISHED. THERE ARE NO CHARGES.

Mission

MISSION SEWING

Kathy Jones

Last month, several lap blankets were displayed at the women's gathering. Mission Sewing asked those attending the brunch to help make knitted or crocheted squares at home. Skeins of yarn, knitting needles, and crochet hooks were provided. Finished squares will be assembled into lap blankets and afghans for the Presbyterian Children's Homes.

Our next meeting will be Friday, October 9th, at 10:00 AM in room 111. We will finalize plans for our participation in the Celebration of Ministry.

THE CARING PLACE

Jenny Carswell

I have recently had my "Contact" at The Caring Place hard on my heels to tell me of all the things they really need there so here goes! My contact tells me that I should mention that we have seen an increase of 27% in the number of families served. This equates to 1307 more individuals needing food in 2009 than in 2008 and we're not even to the end of 2009 yet. The shelves are bare and it is really hard on the volunteers as well as on the families when someone comes in need of the most basic food and they are told there is none to give. I know that we have many people in our church who donate food on a regular basis and we do appreciate that, but maybe there are others who could do more. Please think about it. The situation remains critical even though some of the reports we hear on the news indicate that the economy is beginning to turn around. For those who are still out of work the economy is not turning around and will not for some time to come.

What we need:

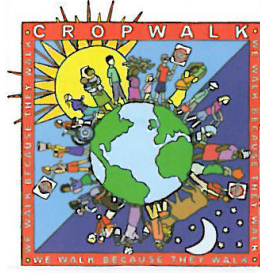
Canned meats, canned vegetables and fruit, boxed meals, pasta and grains, condiments and sauces, soups, beverages, breakfast items, baby and adult diapers and baby wipes, hygiene items such as toilet paper, shampoo, tooth brushes and tooth paste. There are three big red barrels for collecting items, placed at each of the doors. Let's try not to just walk past them. Thanks for all you do.

BACK-PACK BUDDY PROGRAM**Peggy Taylor**

On Sunday September 6th the first public announcement of the Back-pack Buddy program appeared in the bulletin that day. Some of you noticed it there and were quick to volunteer to help. Thank-you for that. This will be a fuller presentation of the program. The Back-pack Buddy program is a national effort to provide food for the week-ends for those children who are in the Title 1 program for school meals sponsored meals. To qualify for these meals the child must come from a home where the income is at the Federal Poverty level or below. I know that it is hard to believe that in the Georgetown school district 43% of the students qualify for these meals. This is a shocking statistic! These children go home and on the week-ends there is little or nothing to eat in the home. The result of this is that on Monday morning they are lethargic, lacking in energy and hungry.

The Back-pack Buddy program is an effort to counteract this problem by sending the children home on Fridays with a sack of nutritious food to help get them through the week-end. We are told that the difference on a Monday morning has been striking in that the children have more energy and are doing better on test results. Since it looks as if the economy is not going to turn around any time soon we felt this was a very worthwhile effort. We will work in conjunction with the school counselor and the school nurse as they are the people who are best acquainted with the most needy children.

Our church will be teaming up with First United Methodist Church and Saving Grace Church to provide for grades 3 through 5 at Williams Elementary this school year. The food is purchased from The Capital Area Food Bank and is very reasonably priced. What do we need to support this program? We will need volunteers to help pack the food on Thursday each week. If anyone is interested in making a financial donation towards this effort or in volunteering please get in touch with Peggy Taylor, 863-6030 or Joy Bedford in the church office, 863-3381.



Care Ministry

AMONG OUR PEOPLE -**Boldface** indicates a member of First Presbyterian Church

In the hospital last month: **George Belford, Marion Jones**

Special concerns: Mary Katherine Briggs, Jim's mother; **Lou Brown**, Kinsey Ticknor, the infant daughter of friends of the Bookert's; Lin Deener, sister-in-law of Kay and Gary Cox; David Dickey, Marilyn Mehaffey's nephew; Alice and Russell Fay's daughter, Jennifer; **Mary Forbes; Catherine Glenn; Paul Hunt; Jake Jacoby;** Laura Brooking Lewis, Gladys Brooking's daughter; **John Marsh; Robert Nelon;** Suzan Syler Martin; **Shea Norfleet;** Tommy Scribner, Monte's son; **Betty Wallace;** Mary Weiss, Cathy Leloux's mother; Darla Wogaman, DAnn Shiffler's mother.

Serving in the Military: Master Sergeant Bradley Belford and Brian Belford, George and Jane Belford's son and grandson; Josh Bengel, Sturdy and Tammy Wanamaker's nephew; Matt Bird; Capt. Ronald Boyd, Chaplain; Maj. Kyle Burrow, Poppy Hulsey's grandson; Brian Burk, Larry Burk's son; 1st Lt. Geoff Childs, Helen Douglass' grandson-in-law; Christian Kolbert, Robert Bedford's Nephew; **Rick Cosper;** 2Lt. Josh Daleiden, husband of Lisa Foster; Chaplain Douglas Fenton; **Amy FitzGerald;** Capt. James R. Franks, U.S.A.F., grandson of Mary Lou Moore; Pete & Kellie Moore Fredsholm, Tommy & Clara Moore's granddaughter; Jared A. Gross, Robert Bedford's Nephew; **Brian Hall; Garrett Herbst;** Jeremy Hord; Brandon Keith, Phil and Jeanne Smith's son-in-law; **Debra Knight; Jonathan LeLoux; Nicholaas Leloux;** Marc Masuccio, Grandson of Helen Burk and Ken Gibbons; Allen Morrison, Janna Briggs' nephew; Captain Robert Kain, III, Ouida & Marvin Henderson's grandson; Hank Perry, Davidsons' nephew-in-law; David Penney; **Sgt. Paul Rayburn;** Rev. Louis Rosa; Col. Wayne M. Shanks, George and Mary Pope's son-in-law; **Lt. Col. Tim Smith;** Mst. Sgt. Sorois, Betty Bradford's grandson-in-law; Ashton Stamos, Grandson of Larry and Helen Burk; Wayne Umholtz, brother/uncle of Ann Maria Umholtz and Ian Bryce; Steven T. Watson.

In Memoriam: **Edith Jones** joined the Church triumphant on September 1, 2009. Dr. Michael Roberts officiated at a memorial service on September 6th in the Fellowship Hall. Edith had been a member since 1978 and served as a Deacon from 1983 to 1985.

Congratulations to: **David & Roxanne Syler** on the birth of their daughter, Nina Nocelle, on August 31, 2009.

Thank you:

Thank you, Mike Roberts for 21 wonderful and exciting years. We look forward to many more years.

The Congregation

Points from Parish Nurse Penny Pnurse5@aol.com

Office Hours – Mondays & Fridays all day & Tues mornings & others by appointment

How is your balance? Your inner ear has the “job” of keeping your physical body balanced. The inner ear doesn’t do it alone, though. There are “proprioceptors” in your muscles, tendons, and joints that detect the motion and position of your body. So the WHOLE body has to work together to maintain physical balance. Actually the whole body has to work together to maintain life balance! The Family Retreat Day in mid September was a wonderful day of fellowship and learning about balance. Balance of the physical body is important to have quality of life – balance of your emotions, intellect, social, and spiritual side are also important to have quality of life. How is your quality of life? Is there an area – mind, body, spirit, social, emotional – that feels out of control to you or that you are using an excessive amount of your time managing? If you’d like to talk about this, please call me – I have lots of resources that may be very helpful to you.

A word about the Flu Season

The “regular” flu shots are available and the N1H1 (swine) flu vaccine should be ready soon. It is a good idea to get the vaccines especially for folks who are very young or very old or who have chronic conditions.

Two important things to remember: If you are feeling ill, especially if you have a fever - STAY HOME. Both flues have several days of “incubation” but are most contagious when symptoms begin to appear – so if you have symptoms – STAY HOME! The second thing to remember is to wash your hands frequently! Washing hands is the number one way that infection is prevented. Wash your hands especially after you have been out in public, touching shopping carts, door knobs, surfaces that others have touched.

STEPHEN MINISTRY - “COPING WITH ANXIETY” - OCTOBER 1ST AT 7:00 P.M.

The congregation is invited to hear Dr. Michael Roberts teach about “Coping with Anxiety”. This is a continuing education event for our Stephen Ministry. Dr. Roberts will speak about psychological and theological views of anxiety and the various ways we can cope. Join us!

HEAD DEACON

Early Service: Ben Pilcher
Back-up: Betty Smith

Second Service: Roger Taylor
Back-up: Mona Andersen